

SCHWUNGÜBUNGEN – VORÜBUNGEN ZUM SCHREIBEN FEINMOTORIK

AN DIE ELTERN

Auf den folgenden Seiten finden Sie verschiedene Formen und Figuren, die Vorübungen zum Schreibenlernen sind. Die Blätter sind absichtlich schlicht und einfach gehalten, damit das Kind nicht vom Wesentlichen abgelenkt wird: ruhig und bedachtsam die Figuren nachfahren. Damit werden Konzentration und Feinmotorik trainiert, zwei wichtige Voraussetzungen für das Schreibenlernen bzw. für die Schule im Allgemeinen.

AN DIE KINDER: SO GEHST DU VOR:

Fahre die Figuren nach

Zuerst mit deinem Finger, bis du die Figur ganz locker nachfahren kannst.

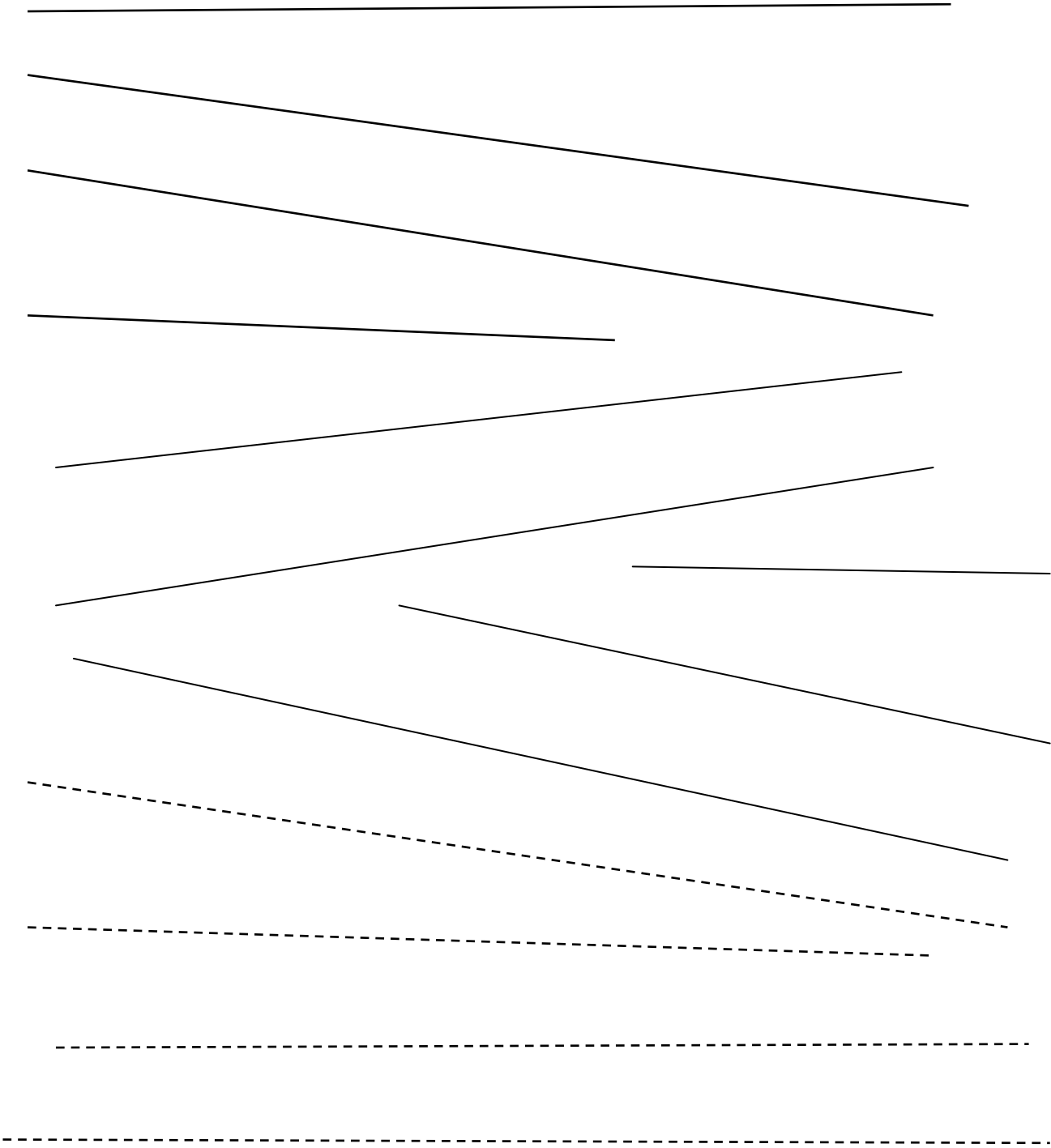
Dann mit einem Buntstift – jede Linie 10-mal

Benutze auch verschiedene Farben

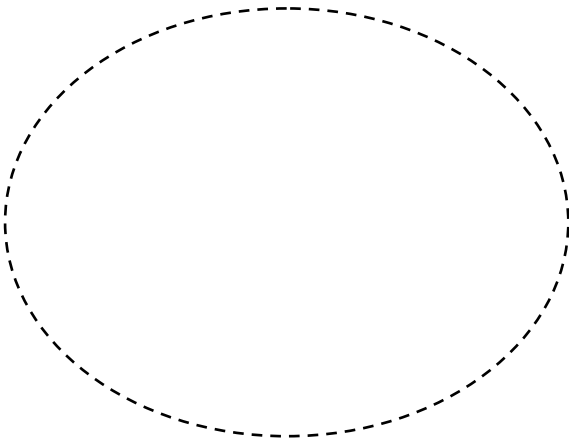
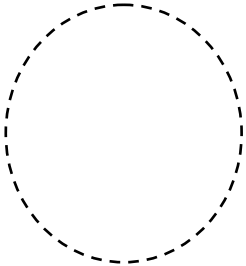
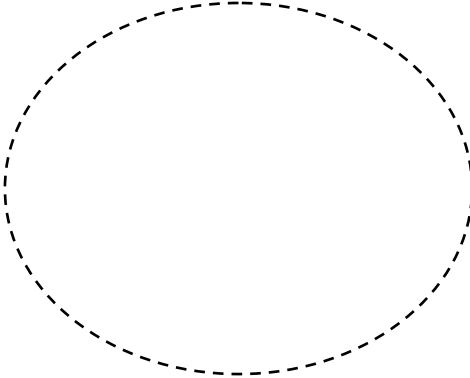
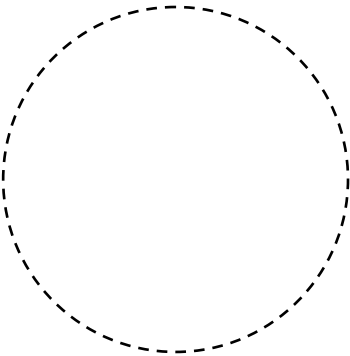
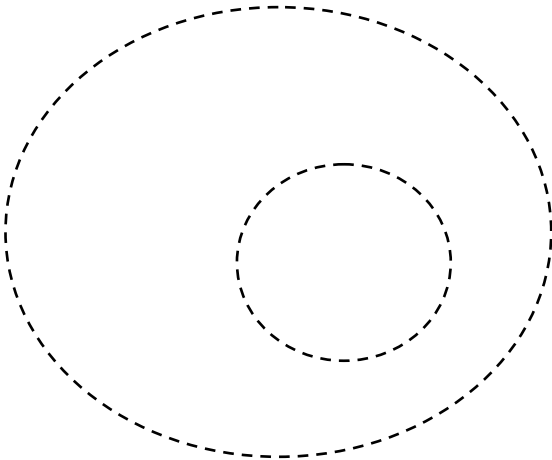
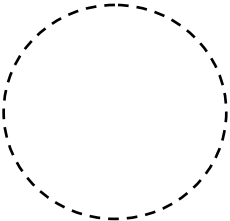
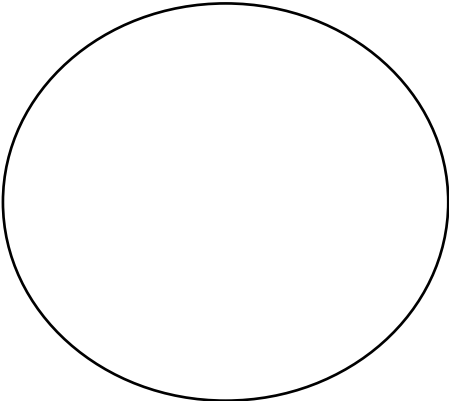
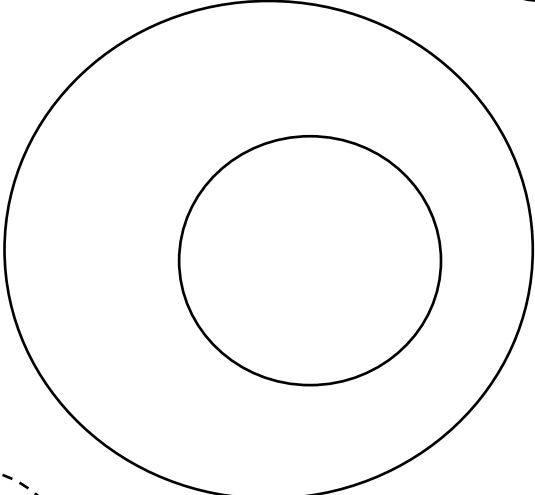
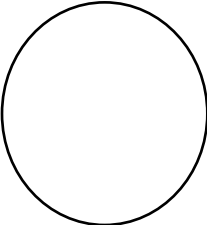
→ Sinn des Ganzen: Das, was man wiederholt, setzt sich im Gehirn fest.

→ Bedenke dabei: In der Ruhe liegt die Kraft – du solltest die Übungen nicht schnell machen, sondern ruhig und besonnen.

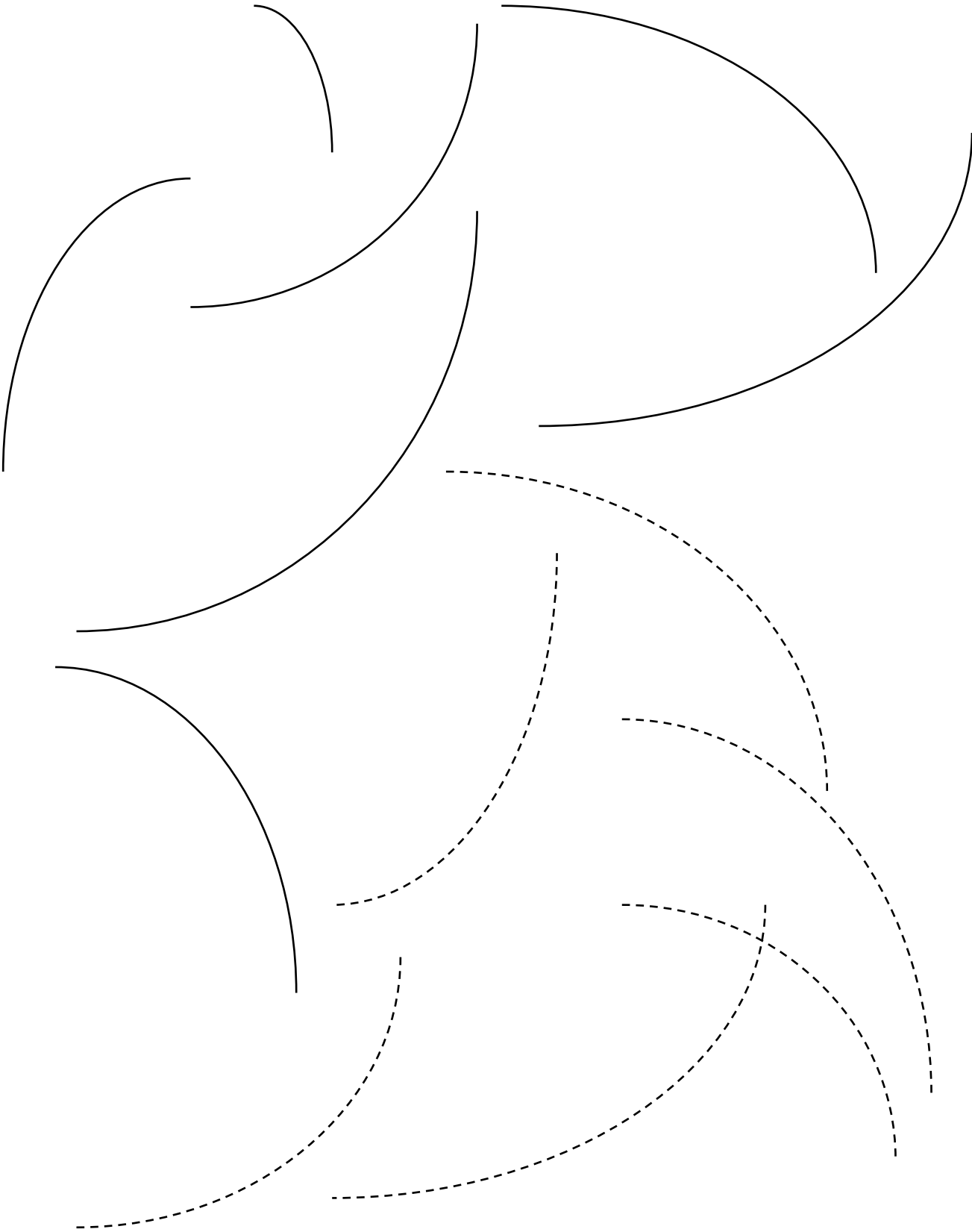
Linien



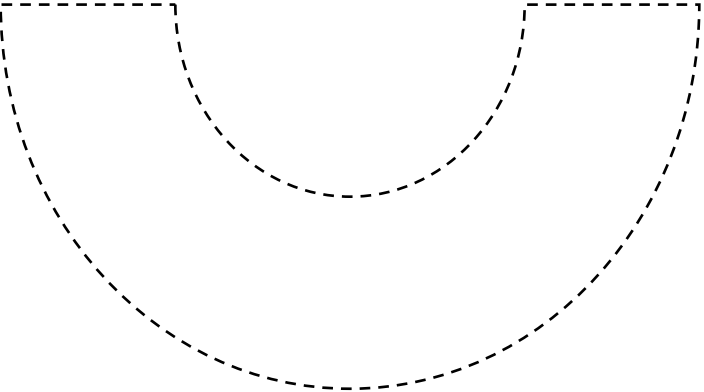
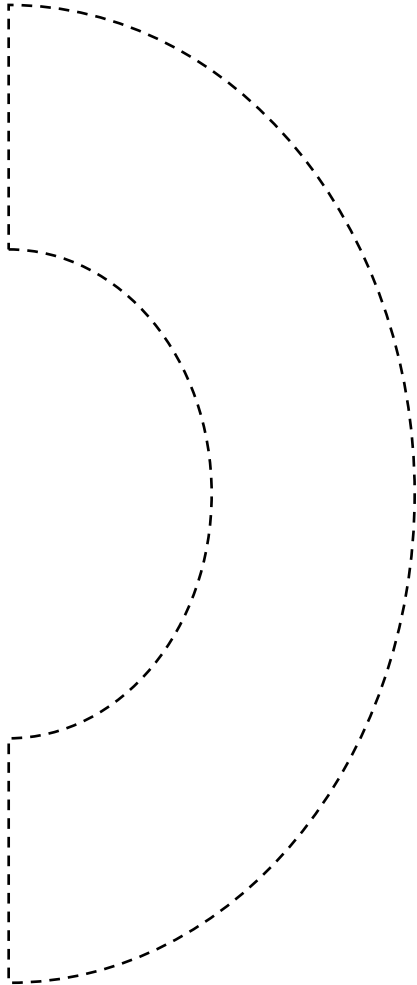
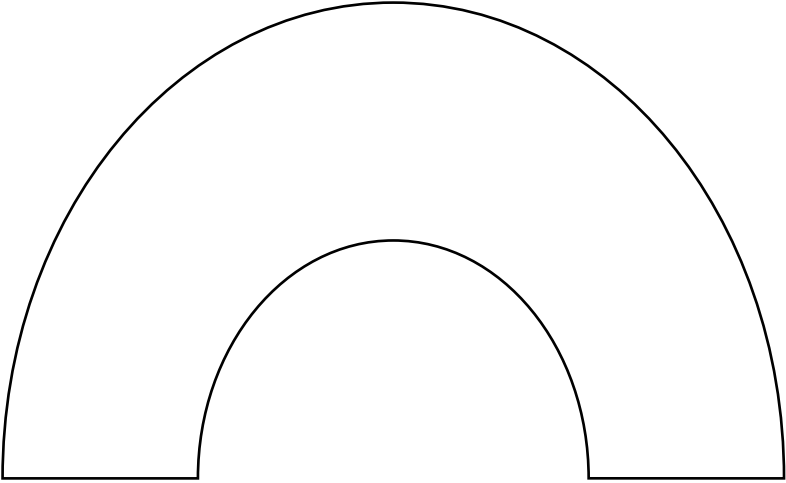
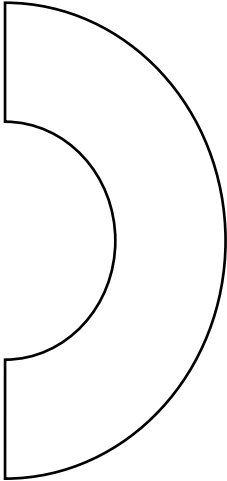
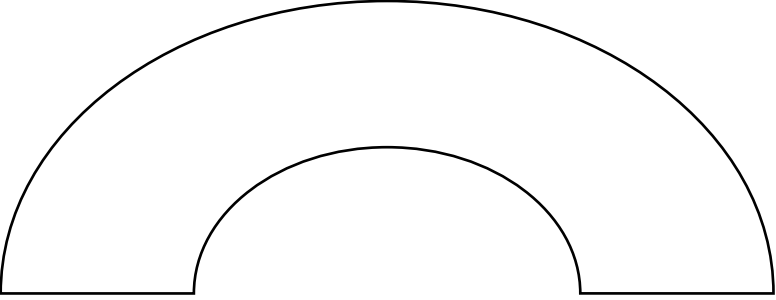
Kreise



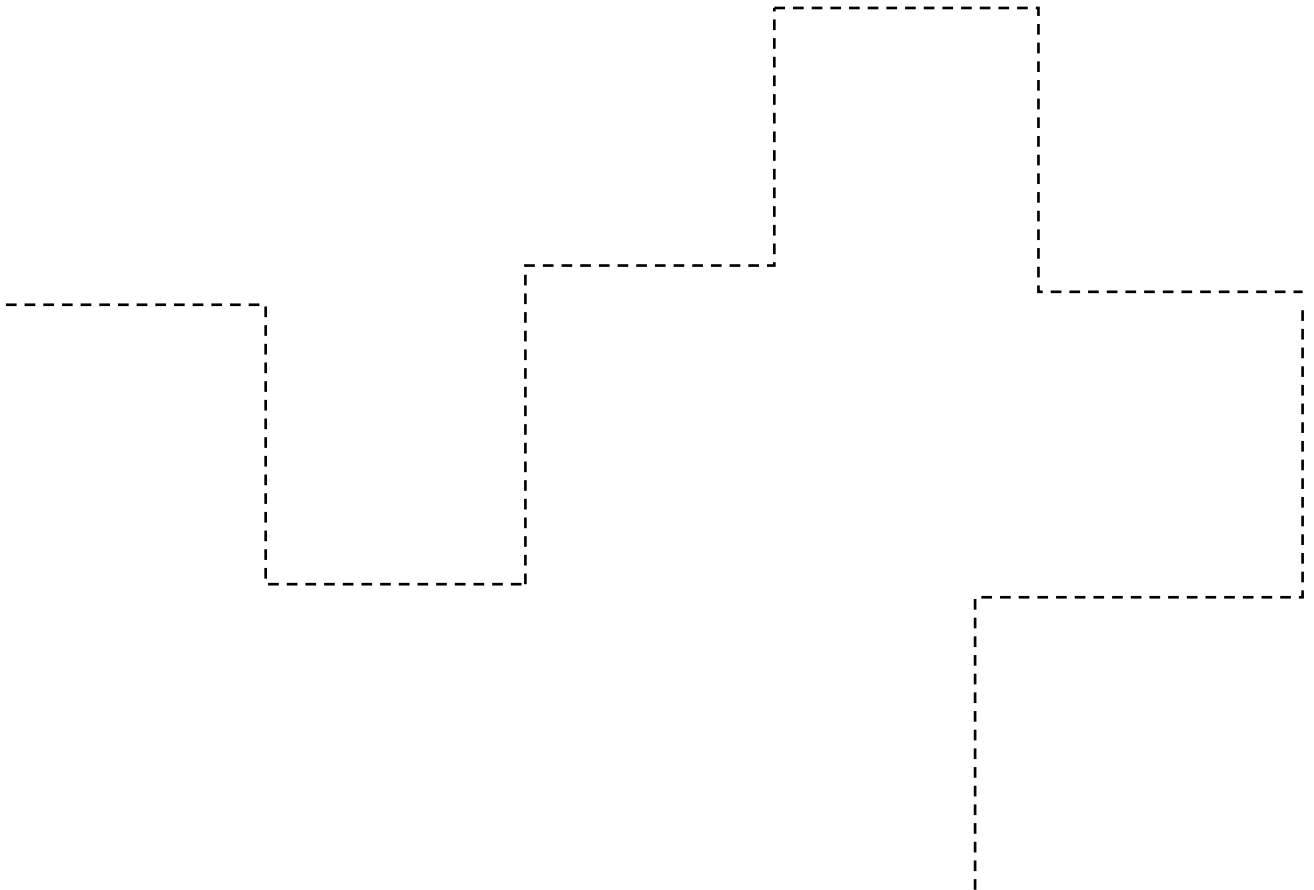
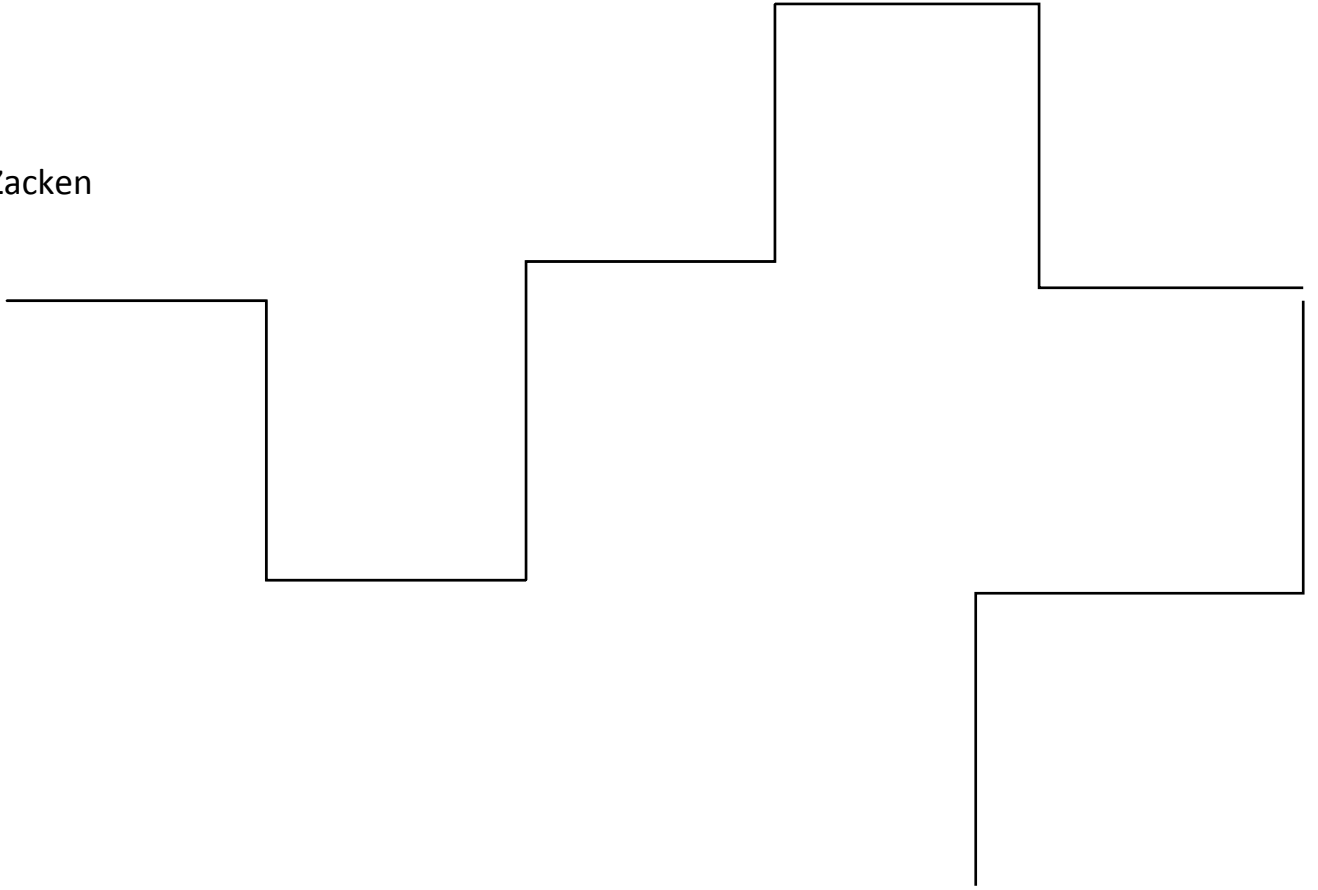
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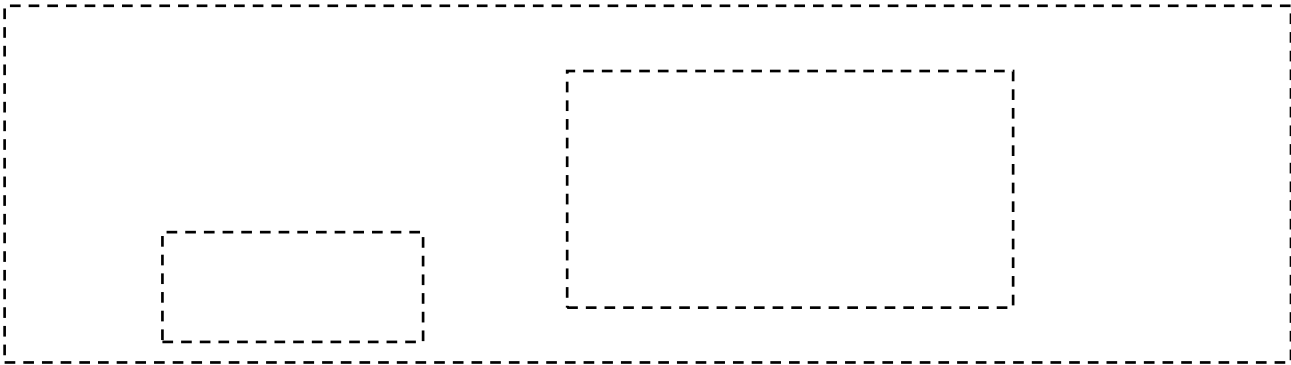
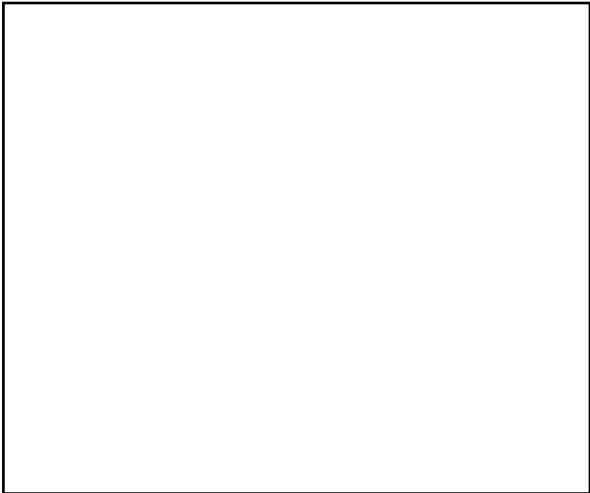
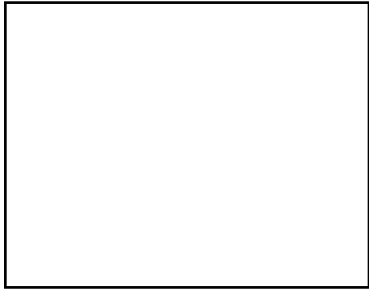
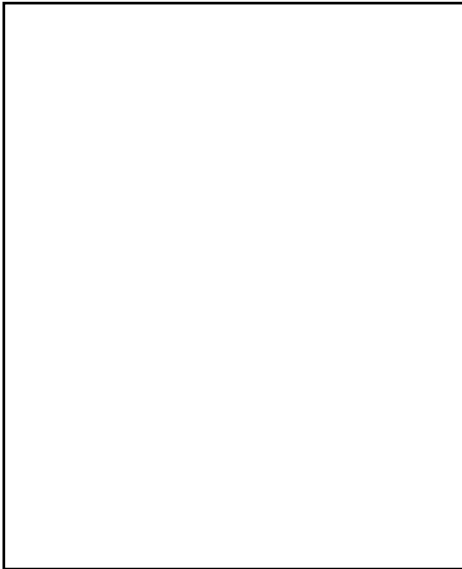
Halbbögen



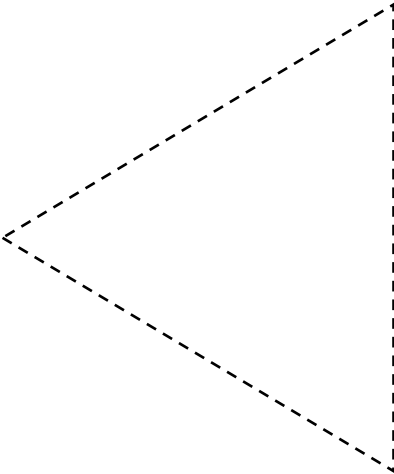
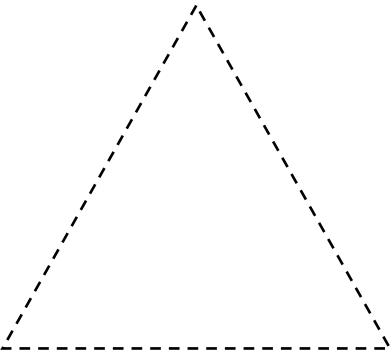
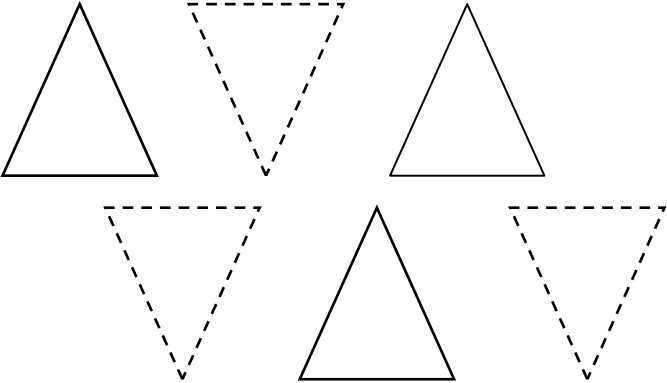
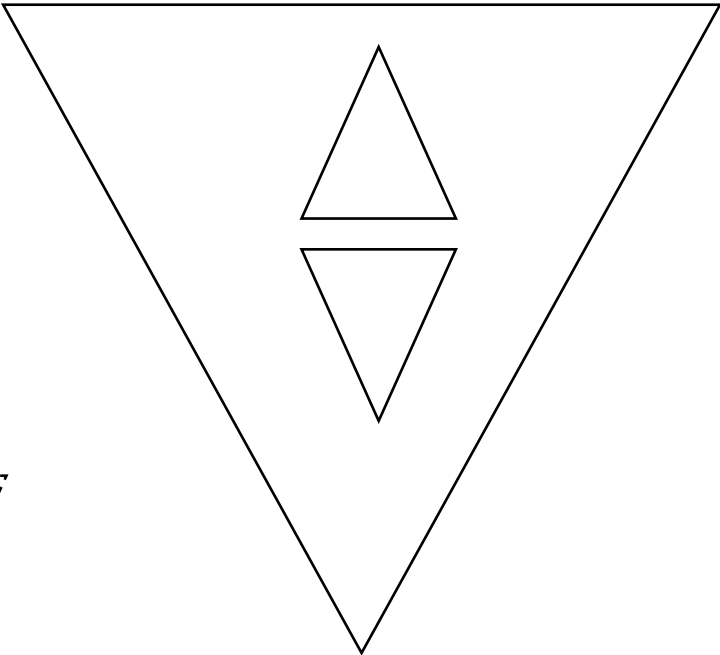
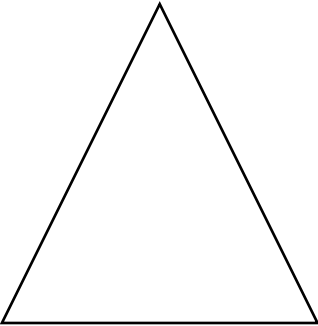
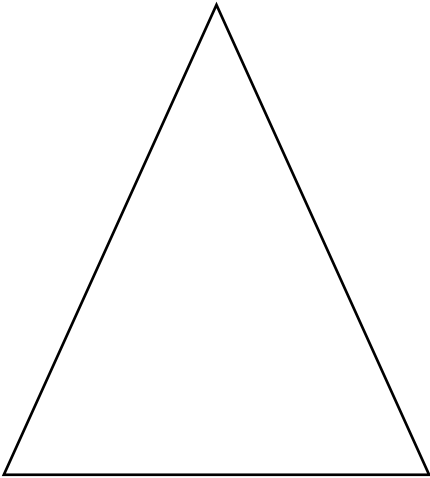
Zacken



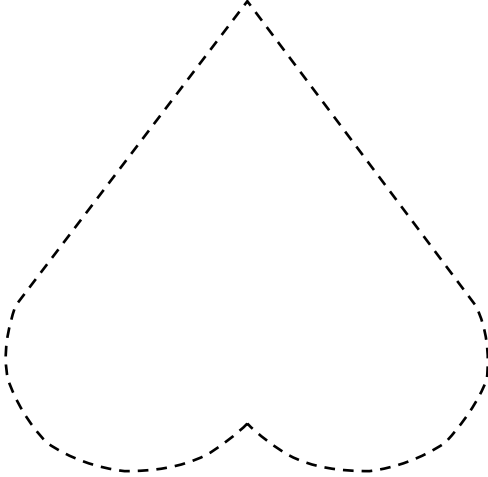
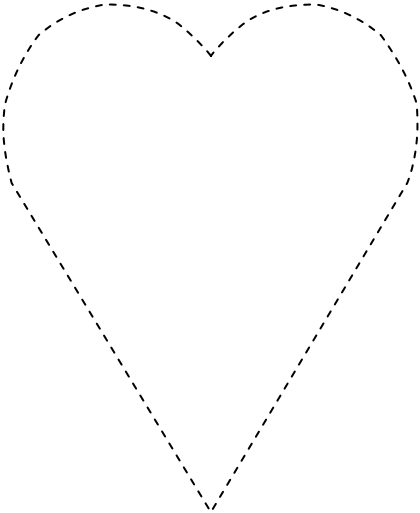
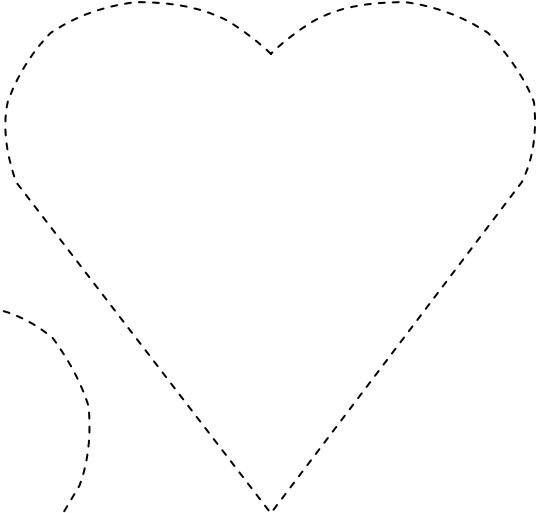
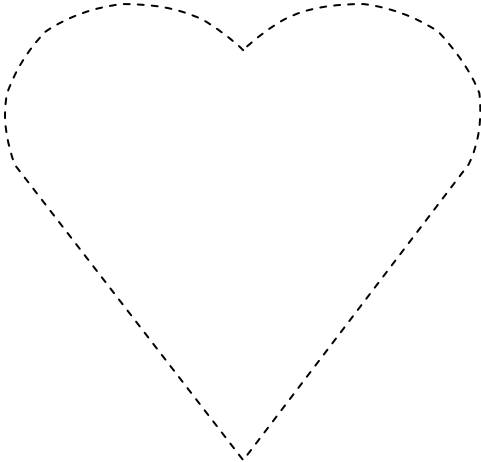
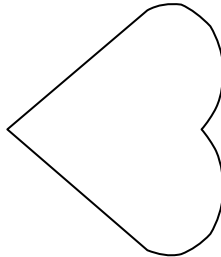
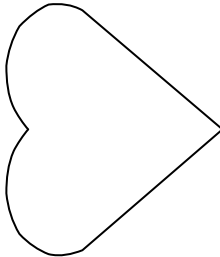
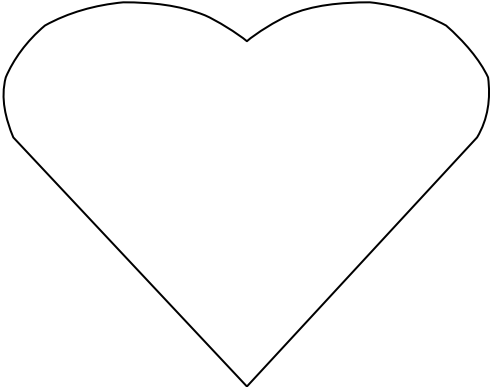
Vierecke



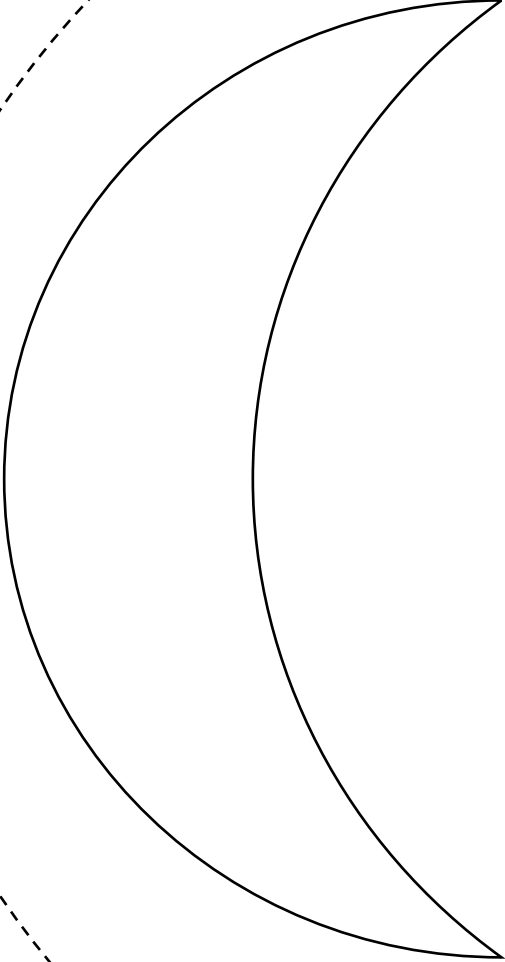
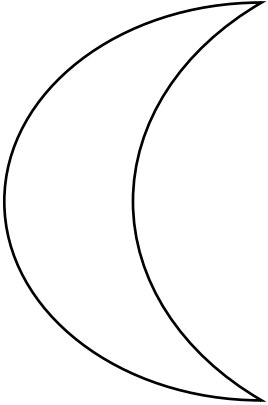
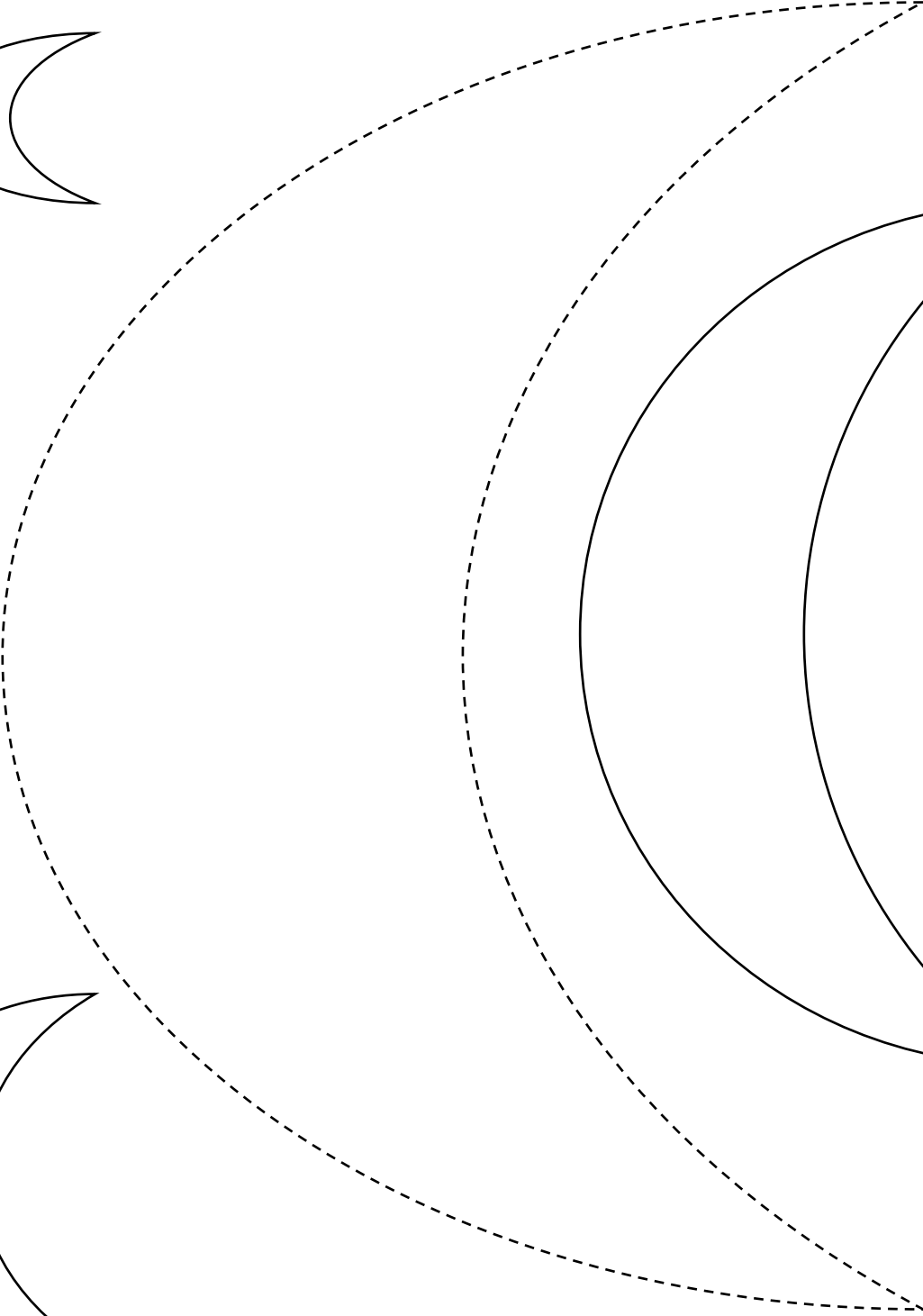
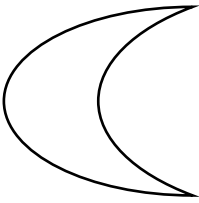
Dreiecke



Herzen



Mond



Sonne

